

La Mirada Academy

Practice

Mondays, Tuesdays, Thursdays, and Fridays 3:00-4:30 (see calendar) Change in the locker rooms, bring everything with you and meet in the gym.

Games

- Tuesdays and Thursdays; start at 3:30
- Away Games: Athletes will take a bus from school at 2:30
- Home Games: Athletes will get ready in the locker room after school and head to the field.
- Picking up from games: if you are going to pick up your athletes from the game, you need to notify the coach.

Coaches

Coach Nate, Coach Mike, and Coach Aaron Communicate with coaches on Parent Square

Donations: Please donate \$20-40 (the money will go toward snacks, drinks, equipment, celebrations, coach gifts, etc.)

https://checkout.square.site/merchant/9668VHXA9APCZ/checkout/P22RZIQMC3UCIJZWJ5QF4RQ7?src=sms



Please contact Coach Cooper for details if you want to donate drinks/food for games/celebrations.

jamie.cooper@smusd.org