



La Mirada Academy

## **Practice**

Mondays, Tuesdays, and Thursdays 3:00-4:30 before games start. (see calendar) Change in the locker rooms, bring everything with you and meet on the field.

## Games

- Tuesdays and Thursdays; start at 3:30
- Away Games: Athletes will take a bus from school at 2:30
- Home Games: Athletes will get ready in the locker room after school and head to the field.
- Picking up from games: if you are going to pick up your athletes from the game, you need to notify the coach.

## **COACHES**

Coach Junior and Coach Brett Communicate with coaches on Parent Square

Donations: Please donate \$20-40 (the money will go toward snacks, drinks, equipment, celebrations, coach gifts, etc.)

https://checkout.sguare.site/merchant/9668VHXA9APCZ/checkout/P22RZIOMC3UCIJZWJ50F4R07?src=sms



Please contact Coach Cooper for details if you want to donate drinks/food for games/celebrations.

jamie.cooper@smusd.org